

Checklist to Confirm Insurance Eligibility for Nutrition Counseling Services

Insurance Coverage – *Better Gut Better Health, LLC* is currently enrolled with the following insurance companies: Blue Cross Blue Shield, Harvard Pilgrim, Aetna, Cigna, Tufts Health Plan, Mathew Thorton, Health Plans Inc., and United Healthcare.

First call the member services department of your insurance company. The phone number should be on the back of your insurance card. If you have a secondary insurance, you may wish to do the same.

Second ascertain the following information from the insurance representative:

- Does my insurance company cover outpatient nutrition counseling services?**
 - The initial nutrition counseling session procedure code is 97802 and any follow up sessions for nutrition counseling uses the procedure code 97803.
 - The insurance company may list these services under *Better Gut Better Health, LLC* (NPI# 1164831277) or Maria Larkin (NPI# 1780809905). Please be sure to ask for both names.

- If yes, **how many nutrition counseling sessions are covered?**

- Do I have an insurance deductible? If so, how much is the deductible and how much of the deductible has already been met?** If you have not met your deductible, then Better Gut, Better Health will send in a claim to your insurance company with the amount you have paid directly to me to apply to your deductible.

- Do I need a physician's referral?** If so, please have your physician fax referrals to 603-868-1077 before the appointment. If my NPI number is needed: 1780809905. The referral should include a diagnosis code.

- Is there a co-pay required at the time of the visit? If so, what is the amount of the co-pay?** Find out whether the copy for nutrition counseling is considered at the “specialist” level. Co-pays are required at the time of the visit.

Please contact *Better Gut Better Health, LLC* if you have any questions or concerns about your insurance coverage.



Better Gut Better Health, LLC

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